

FAMILY STUDIES (CERTIFICATE)

Department: Education & Family Studies (<https://snow-curr.courseleaf.com/divisions-departments/division-social-behavioral-science/education-family-studies/>)

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Department Webpage: https://www.snow.edu/academics/social_science/education-family/index.html (https://www.snow.edu/academics/social_science/education-family/)

Advising Information (<https://snow.edu/offices/advisement/>)

HFST 1300	Personal and Family Health
HFST 1750	Introduction to Interior Design FA
HFST 2620	Creative Experiences for Children
Total Hours	29-30

Program Description

This one-year certificate program offers practical and theoretical training for the students desiring to be successful in home and family settings.

Program Outcomes

Students who complete the Family Studies certificate should expect the following outcomes from the program:

- Students will understand the major theories of family and/or human development.
- Students will understand the normal patterns of physical, emotional, social, moral, and cognitive development across the lifespan.
- Students understand developmentally appropriate practice and strategies for positive guidance and discipline as it relates to parenting and/or education.
- Students can observe, record, and interpret children's behavior in the context of development theories.
- Students will understand aspects of the family including but not limited to consumerism, finance, food and nutrition, and relationships.

Requirements

Certificate Requirements

Code	Title	Hours
Core Courses		
HFST 1020	Scientific Foundations of Nutrition LS	3
HFST 1240	Introductory Foods	2
HFST 1245	Introductory Foods Lab	1
HFST 1400	Courtship and Marriage	3
HFST 1500	Human Development SS (same as PSY 1100)	3
HFST 2120	Foods & Nutrition for Children	3
HFST 2250	Personal and Consumer Management	3
HFST 2400	Family Relations SS	3
HFST 2610	Guidance of Young Children	3
Elective Courses		
Select two of the following:		5-6
BUS 1210	Personal & Consumer Finance SS	
HFST 1140	Introductory Sewing	