

BEHAVIORAL HEALTH TECHNICIAN (CERTIFICATE)

Department: Behavioral Sciences (<https://snow-next.courseleaf.com/schools/social-behavioral-sciences/behavioral-sciences/>)

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Advising Information (<https://snow.edu/offices/advisement/>)

Program Description

This certificate addresses the critical shortage of mental health support professionals and juvenile justice workers in rural Utah. Additionally, this program addresses the lack of resources and leadership training opportunities for school counselors, social workers, and psychologists. This program provides hands-on training, industry-aligned coursework, and internship opportunities to prepare students for immediate employment or further education. Designed for both traditional and non-traditional students, this program creates a direct pathway into behavioral health careers and strengthens Utah's mental health workforce.

Program Outcomes

- demonstrate understanding of psychological concepts, experiential therapies, and holistic wellness to support behavioral health practice
- design and apply experiential, recreational, and evidence-based interventions to meet therapeutic goals for individuals and groups
- utilize and teach evidence-based strategies to enhance resilience, well-being, and life satisfaction in themselves and others
- apply ethical principles, professional standards, and appropriate decision-making in diverse behavioral health settings
- evaluate personal values and biases, and use reflective practices to support professional growth and effective client care

Requirements

Certificate Requirements

Code	Title	Hours
Foundational Course (choose one) ¹		3
PSY 1010	General Psychology SS	
SW 1010	Social Work as a Profession	
SOC 1020	Modern Social Problems SS	
PSY 1100	Human Development SS	
	or HFST 1500 Human Development SS	
Core Courses		
PSY 1050	Resilience & Happiness for Self & Others	3
	or SW 1050 Resilience & Happiness for Self & Others	
PSY 2650	Intro to Clinical & Therapeutic Practices	3
	or SW 2650 Intro to Clinical & Therapeutic Practices	
PSY 2750	Ethics & Values for the Behavioral Sciences	3
	or SW 2750 Ethics & Values for the Behavioral Sciences	
PSY 2850	Behavioral Science Analytics & Evaluation	3
	or SW 2850 Behavioral Science Analytics & Evaluation	

PSY 2997	Behavioral Health Internship	3
or SW 2997	Behavioral Health Internship	
Specialization Course (choose one)		3
PSY 2900	Group Dynamics, Teamwork & Leadership	
PSY 2034	Educational Psychology	
CJ 2330	Juvenile Justice	
PSY 2660	Experiential & Recreational Therapeutic Practices	
SW 2660	Experiential & Recreational Therapeutic Practices	
Total Hours		21

¹ May be waived upon demonstration of prior learning.