GENERAL STUDIES (GNST)

GNST 0990 — New Student Orientation
Credits: 0
This orientation is recommended for all first-year students at Snow College. The orientation is held before regular classes begin for Fall semester. The orientation is designed to help new students learn what they need to know to be successful learners at Snow College and to make helpful social connections. Students will not earn credit or a grade for the orientation, but their participation will be recorded.

GNST 1004 — College Preparation and Survival
Typically Offered: Fall, Spring
Credits: 2
This course is designed to help students prepare for and succeed in college. In particular, we look at college in the context of individual life goals. The course focuses on the purpose of college, the academic objectives of higher education, the college application process, financial aid, academic standards and expectations in college compared to high school, and life in a college community.

GNST 1008 — Global Inquiry Abroad
Typically Offered: Fall, Spring, Summer
Credits: 1-3
Other hours: 1 to 3
This course provides students with a cultural and language experience in a foreign country. The course may be faculty-led, with a Snow College professor traveling with the students, or part of Snow College's partner universities reciprocal student exchange program. The course will be repeatable for credit, up to 3 credits.

GNST 1010 — Principles of Student Success
Credits: 2
Lecture hours: 2
This course emphasizes the development of personal skills for success, encourages campus engagement, and explores majors and careers. The focus of the course will be academic skills, self-management skills, campus resources, the Snow College General Education curriculum and how student interests, skills and values can help them select a major.

GNST 1012 — Fundamentals of Residence Life
Typically Offered: Fall
Credits: 1
Lecture hours: 1
This course is an extension of the Resident Assistant (RA) & Resident Director (RD) trainings offered at the start of each semester. Throughout this course, the RAs & RDs will understand the various roles of their positions, conflict mediation, program development, student support, and the complexities of student development. This course is designed to prepare RAs & RDs to aid students, provide resources, handle policies, and develop a student community within their assigned residence halls.

GNST 1013 — Principles of Residence Life
Typically Offered: Spring
Credits: 1
Lecture hours: 1
This course is an extension of the Resident Assistant (RA) & Resident Director (RD) trainings offered at the start of each semester. Throughout this course, the RAs & RDs will understand how to develop their skills to improve themselves, better support students, and learn how to grow their grit as they move forward in life. This course is designed to prepare RAs & RDs to aid students, provide resources, handle policies, and develop a student community within their assigned residence halls, and apply what they have learned as Residence Life Student Leaders to their future careers and personal goals.

GNST 1020 — College Success Skills
Typically Offered: Fall, Spring
Credits: 3
Lecture hours: 3
This course is designed to help students become more successful in the college setting, with an emphasis on graduating from Snow College and transferring to a university. Topics covered include effective time management and study skills (memory, reading, note taking, and testing); use of personal, campus, and community resources; creating effective communication skills, healthy lifestyles; and exploring financial issues. Emphasis is on group work, and requirements include group presentations. A team teaching format helps students learn to adjust to a variety of teaching styles.

GNST 1070 — Leadership Principles & Skills I
Typically Offered: Fall
Credits: 1
Lecture hours: 1
This course provides student leaders and other interested students with the opportunity to learn key principles of leadership and to develop leadership skills. The course consists of lecture meetings to discuss and practice the principles of successful leaders within organizations, communities, and families. The curriculum covers three broad leadership areas: personal, interpersonal, and group leadership skills. The course provides an opportunity for students to assess their leadership skills. This course may be repeated for credit.

GNST 1080 — Leadership Principles & Skills II
Typically Offered: Spring
Credits: 1
Lecture hours: 1
This course provides student leaders and other interested students with the opportunity to learn key principles of leadership and to develop leadership skills. The course consists of lecture meetings to discuss and practice the principles of successful leaders within organizations, communities, and families. The curriculum covers three broad leadership areas: personal, interpersonal, and group leadership skills. The course provides opportunities for students to assess their leadership skills. This course may be repeated for credit.

GNST 1400 — Life & Leadership
Credits: 2
Lecture hours: 2
The purpose of this course is to provide students with a fundamental knowledge of leadership and leadership styles. This is an introductory course into the leadership realm and provides students with a sound working knowledge of leadership principles.

GNST 1500 — Designing Your Career
Typically Offered: Fall, Spring, Summer
Credits: 1
Lecture hours: 1
Students will gain skills and confidence in exploring potential careers in this course. They will also discover matching majors and a professional & career path that will correspond to their skills and abilities, and also values and personal preferences. Students may register for Career Decisions in face-to-face or online sections. Students will participate in a variety of lectures, discussions, group projects, activities. They will also do personality assessments which will show them some of their top strengths and articulate their strengths and skills for better results in job placement or continuing education outcomes.

GNST 1600 — Dealing with Life
Typically Offered: Fall, Spring, Summer
Credits: 3
Lecture hours: 3
This course is designed to provide students with knowledge, insight, and life skills, as well as an understanding of realistic life expectations as they transition from high school to college and from young adulthood to adulthood. Students will receive information and participate in discussions on how to balance academics, family, recreation, social interaction, mental and physical health needs, and personal growth in order to minimize stress and anxiety and structure a life in which they may thrive.

GNST 2800 — Special Projects
Typically Offered: Fall, Spring, Summer
Credits: 1-3
Lab hours: 3 to 9
Credit through a special project may be earned if there is a demonstrated need that cannot be met through enrollment in a regularly scheduled course (this may include individualized projects and experiences that can contribute to student learning). Credit for a special project normally should be one or two credit hours, depending on the work completed. Projects must be approved by the Curriculum Committee. This course may be repeated for credit. Unless otherwise noted, the course will be graded as pass/fail.

GNST 2875 — Intercultural Experience Abroad I
Typically Offered: Fall, Spring
Credits: 3-5
Lecture hours: 3 to 5
The Intercultural Experience Abroad course involves a semester abroad at Otemon Gakuin University. Students will experience life in Japan while undertaking courses such as: Japanese, Japanese traditions and culture, cross-cultural communication, Eastern vs Western ideas, Japanese Literature, Sogo-Shosa (Japanese work ethic), Introduction to Japanese Science Fiction, and Japanese Business. Each course will require a minimum of 21 classroom (contact) hours per semester. Students will also live in a homestay experience with a Japanese family for the duration of their stay. Students will need to be admitted to the program by Otemon Gaukin University.

GNST 2876 — Intercultural Experience Abroad II
Typically Offered: Fall, Spring
Credits: 3-5
Lecture hours: 3 to 5
The Intercultural Experience Abroad course involves a semester abroad at Otemon Gakuin University. Students will experience life in Japan while undertaking courses such as: Japanese, Japanese traditions and culture, cross-cultural communication, Eastern vs Western ideas, Japanese Literature, Sogo-Shosa (Japanese work ethic), Introduction to Japanese Science Fiction, and Japanese Business. Each course will require a minimum of 21 classroom (contact) hours per semester. Students will also live in a homestay experience with a Japanese family for the duration of their stay. Students will need to be admitted to the program by Otemon Gaukin University.